

vjk korte baan25: Session: 2: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Pinte Kevin HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M FREESTYLE MEN 11-12 **Heat:4, starttime: 14:06**

Heat: 4/17 Lane : 7 Athlete: HERMAN WOUT **Q-time: 01:17:69**

PB (25m pool): 01:17.69 Dilbeek 28/09/2025 **PB (50m pool): 01:18.16 SB: 01:17.69 Dilbeek 28/09/2025**

	25 M	50 M	75 M	100 M	
PB		00:36.97		01:17.69	
	00:36.97		00:40.72		
	

Coach feedback:

Event number: 6: 100M BREASTSTROKE WOMEN 11-12 **Heat:3, starttime: 14:35**

Heat: 3/15 Lane : 1 Athlete: VAN HOEYMISSEN JANNE **Q-time: 01:44:94**

PB (25m pool): 01:44.94 Tremelo 15/12/2024 **PB (50m pool): 01:43.44 SB: no time**

	25 M	50 M	75 M	100 M	
PB		00:49.94		01:44.94	
	00:49.94		00:55.00		
	

Coach feedback:

Event number: 6: 100M BREASTSTROKE WOMEN 11-12 **Heat:6, starttime: 14:41**

Heat: 6/15 Lane : 1 Athlete: NECULAE MARIA IULIA **Q-time: 01:39:30**

PB (25m pool): 01:39.30 Zaventem 15/07/2025 **PB (50m pool): 01:44.58 SB: no time**

	25 M	50 M	75 M	100 M	
PB		00:45.66		01:39.30	
	00:45.66		00:53.64		
	

Coach feedback:

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Event number: 6: 100M BREASTSTROKE WOMEN 11-12				Heat:9, starttime: 14:48	
Heat: 9/15 Lane : 5 Athlete: VAN ROY ONAH				Q-time: 01:34:79	
PB (25m pool): 01:32.35 Aarschot 24/04/2022			PB (50m pool): 01:39.65 SB: 01:36.71 Sint-Pieters-Leeuw 05/10/2025		
	25 M	50 M	75 M	100 M	
PB		no time		01:32.35	
	<i>no time</i>				
	

Coach feedback:

Event number: 7: 50M BUTTERFLY MEN 11-12			Heat:2, starttime: 15:04		
Heat: 2/17 Lane : 5 Athlete: HERMAN WOUT			Q-time: 00:44:81		
PB (25m pool): 00:44.81 Meise 14/09/2025		PB (50m pool): 00:45.50 SB: 00:44.81 Meise 14/09/2025			
	25 M	50 M			
PB		00:44.81			
	<i>00:44.81</i>				
			

Coach feedback:

Event number: 8: 50M BUTTERFLY WOMEN 11-12			Heat:3, starttime: 15:25		
Heat: 3/15 Lane : 1 Athlete: VAN HOEYMISSEN JANNE			Q-time: 00:44:28		
PB (25m pool): 00:44.28 Meise 14/09/2025		PB (50m pool): no time SB: 00:44.28 Meise 14/09/2025			
	25 M	50 M			
PB		00:44.28			
	<i>00:44.28</i>				
			

Coach feedback:

Event number: 8: 50M BUTTERFLY WOMEN 11-12			Heat:13, starttime: 15:37		
Heat: 13/15 Lane : 6 Athlete: NECULAE MARIA IULIA			Q-time: 00:35:07		
PB (25m pool): 00:35.07 Leuven 12/10/2025		PB (50m pool): 00:42.08 SB: 00:35.07 Leuven 12/10/2025			
	25 M	50 M			
PB		00:35.07			
	<i>00:35.07</i>				
			

Coach feedback:

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Event number: 8: 50M BUTTERFLY WOMEN 11-12 **Heat:15, starttime: 15:39**

Heat: 15/15 Lane : 3 Athlete: VAN ROY ONAH **Q-time: 00:32:56**

PB (25m pool): 00:32.56 Hannuit 18/01/2025 **PB (50m pool): 00:34.06 SB: 00:32.99 Leuven 12/10/2025**

	25 M	50 M	
PB		00:32.56	
		00:32.56	
	

Coach feedback: